

To change or not to change?

That is not the question

We all say we like change because our lives are not perfect in all ways, we have unfulfilled dreams and desires or even because change is in fashion these days. We seek improvement, progress, adventure and ways out of our daily routine. We all have plenty of gripes with the establishment and the way things are.

We all have mindsets, preferred ways in which we think and act, things we love to do again and again, we have our habits, our pleasurable routines. We seek to preserve these as treasures, to use another fashionable term, as the comfort zones that define our very being.

To change or not to change?
That is not the question.
We all change whether we like it or not.
Like it or not, does matter however.

We have different comfort zones and different yearnings for change. How much change we want to accept and how much we will determinedly resist is, to a certain extent, a matter of choice. Whether we like it or not the world today is changing at a faster pace than ever before. In this context we can stubbornly resist change while grudgingly accepting whatever change is forced upon us. Or we can actively embrace change and even make change happen ourselves.

The real questions are therefore how to change - in what ways, how fast and with what levels of energy. Learning to change is a personal project in itself, some do it better than others, the more you do it, the better you get at it. And our best friends to this end are creativity and positivity which both stimulate and are stimulated by change.



Performa News

Strategy Workshop in Brazil, 3 - 6 March 2015

Dimis carried out a succesful strategy workshop for INOVA, a Brazil-based provider of email and other internet related services.

[Leading Innovation! Watch our new video-clip here](#)

Dimis' interview in Slovenian Newspaper and Radio

See [here](#) for another interview on Dimis' work and beliefs on Happiness at Work, in Slovenian magazine Issuu.com

See [here](#) for the article in newspaper Sobotno Delo
See [here](#) for the radio interview in Radio Slovenia



Creativity Cool & More...

Women go for creative men!

In March 2015 Performa conducted a survey of women aged 20-60.

Respondents were asked to identify the 3 most important characteristics of the ideal man in their life. 4,815 women responded.

The results are quite surprising! Read more and see full results [here](#) and watch to the very end!

In any case, we should not expect to successfully change others if we do not change ourselves. Click on the cartoon below, which sends this message with few words.

[change cartoon](#)